

Religious Ideas That

EXCITE

Paul L. Binkley, Jr., Ed.D.

seven
members
and one
year

youth

August 1973

one hundred and one ways ideas

youth
magazine

AUGUST 1973, VOL. 24, NO. 8

EDITOR: Herman C. Ahrens, Jr.

MANAGING EDITOR: Geneva M. Bulz

ASSOCIATE EDITOR: Susan M. Grant

ADMIN. SECRETARY: Clara Utermohlen

EDITORIAL ADDRESS: Room 1203,
1505 Race St., Phila., Pa. 19102

YOUTH magazine is published for high school young people of the United Church of Christ, the Episcopal Church, the United Presbyterian Church in the U.S.A., the American Lutheran Church, the Moravian Church, the Lutheran Church in America, and the Presbyterian Church in the U.S.

YOUTH is also recommended for use among the young people of the Anglican Church of Canada.

YOUTH magazine is published monthly by the United Church Press, 1505 Race Street, Philadelphia, Pa. 19102

Second Class postage paid at Philadelphia, Pa., and at additional mailing offices. Accepted for mailing at a special rate of postage, provided for in Section 1103, Act of October 3, 1917, authorized June 30, 1943.

SUBSCRIPTION RATES: Single subscriptions, \$5.00 a year; two years for \$9.00. Group rates, three or more to one address, \$3.50 each. Single copies 50 cents. Rates higher outside the North American continent.

SUBSCRIPTION OFFICES: **YOUTH** magazine, Room 1310, 1505 Race St., Philadelphia, Pa. 19102. For United Presbyterians: 200 Witherspoon Bldg., Philadelphia, Pa. 19107.

Copyright © 1973 by United Church Press

DESIGNERS: Bob and Sandy Bauer

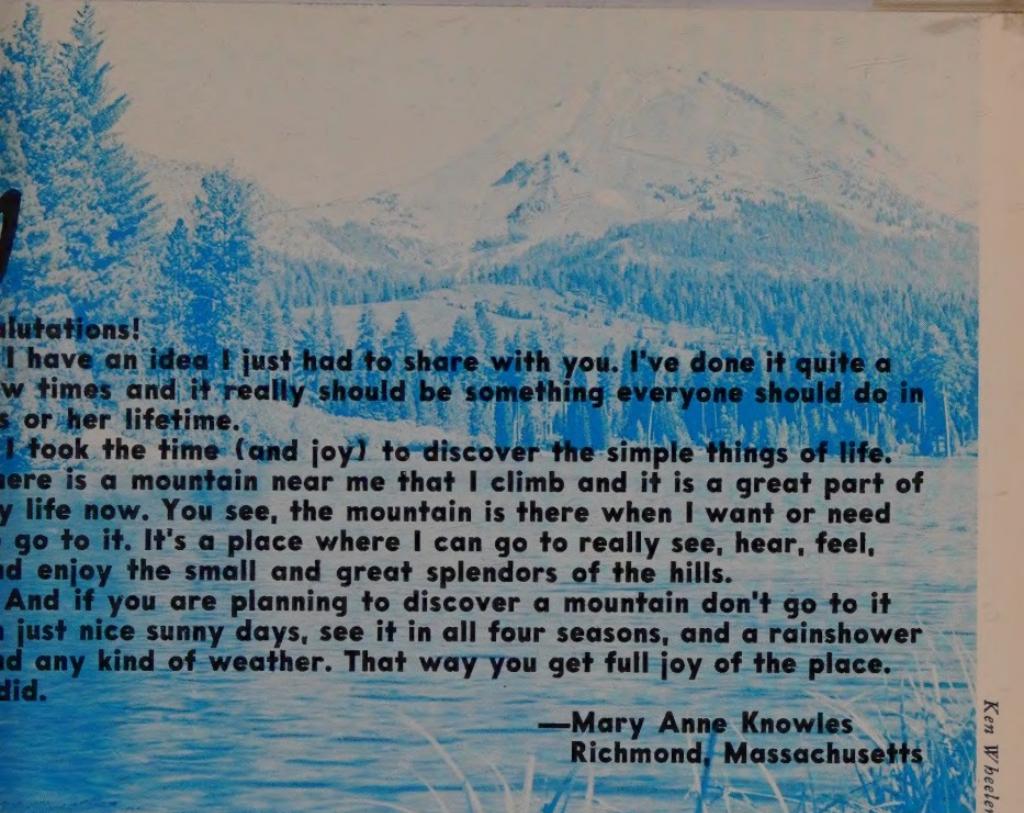
Transparencies on pages 5, 8, 17, 20, 43,
53, 61 by Doug Brunner

Here are YOUR ideas . . .

We invited you, our readers, to send us ideas—what group activity, quote, fad, or personal experience turned you on the most in recent months? We know you'll find interest in the following collection of more than 100 ideas which were shared with us for use in this special "101 Ideas" issue of **YOUTH** magazine.

To get the feel of what's going on you've got to get involved. What's missing here is for you to fill in. These are rough seeds ready for your creative cultivation—or for falling among rocks and weeds.

And if you think—like Ford—that you've got a better idea, send it to us, because if you continue to show interest in the sharing of "ideas," we'll continue to print them.



Salutations!

I have an idea I just had to share with you. I've done it quite a few times and it really should be something everyone should do in his or her lifetime.

I took the time (and joy) to discover the simple things of life. There is a mountain near me that I climb and it is a great part of my life now. You see, the mountain is there when I want or need to go to it. It's a place where I can go to really see, hear, feel, and enjoy the small and great splendors of the hills.

And if you are planning to discover a mountain don't go to it on just nice sunny days, see it in all four seasons, and a rainshower and any kind of weather. That way you get full joy of the place. did.

—Mary Anne Knowles
Richmond, Massachusetts

Ken Wheeler

2 Your own school within a school

If you could choose, out of all the subjects in the world, one subject you really want to study, what would it be? Math for today's tax forms? Criminology? Folk Art? Chances are you've got a lot of curiosity about something that isn't part of your everyday school curriculum. Why not set up an alternative or "free" school right at your high school? You'll need to conduct a poll (even just a verbal one) to discover which topics arouse the most interest among fellow students. Then you'll need to recruit someone with the background to instruct your course (it could be an informed student, a teacher or even a volunteer from the community). You'll have to get permission from the principal at your school—perhaps sponsorship by your student council or National Honor Society would help here. And finally you'll need to set up the meeting time and course length. Study halls are a good time to take alternative courses. Luncheon meetings are another possibility.

3

Teach English to someone as a second language.

4 A MORAL CONSCIENCE AND SCIENCE

Is there any connection between science and religion? We thought so, but to help clarify the connection, we decided to run an experimental science project at our summer religious camp in Cleveland Georgia. With the cooperation of North American Biologicals of Miami and their scientific staff, we set up a laboratory on the campsite. For a couple hours each day, scientists work with our youth doing such experiments as blood cell examinations of animals and humans. Afterward, I meet with the young people in the laboratory setting, explaining from a religious point of view what the scientists are discussing in a very pragmatic and experiential manner. I am trying to tie the experiments in with biblical themes and moral and ethical questions that plague us in what is called the bio-ethical revolution.

—Rabbi Sanford M. Shapero
Union of American Hebrew Congregations
Miami, Florida

5

*"If you're standing on thin ice,
you might as well dance!"*

—quote submitted by Holly Reinhart,
Los Angeles, California

don't just sit there

get angry

and do something
about it

there are enough
things wrong for
everyone

we are truly the
land of opportunity

6

Ask what happens to the half-burnt candles at your church. Save these or other half-burnt candles from your family or friends. White is best because it will take color well, but mixing colors is all right if you don't mind a brown candle when you finish.

When you have a reasonable supply of old candles, get an old coffee can or an inexpensive enamel saucepan from your shelf and place on a burner on the stove. It's a good idea to put plenty of newspaper on the floors and counters (away from the stove) just in case you spill any hot wax. Then place your

old candles in the coffee can or pan and let them melt down, old wicks and all. When the wax has melted (if you have a candy thermometer, begin to pour when the temperature is 210°), add color if you wish (color crystals are available at candle stores or hobby shops or you can use old wax crayons), remove the old wicks with tongs. Pour the hot wax into old milk cartons you have cut to various heights, used tin cans, or an artful depression you have made in moist (but **not** soaking wet) sand in a bucket or tub. Sand candles are very nice when an interesting piece of driftwood or rock is buried near the hole you dig, and allowed to pass into the hole, so that the hardened wax will grip it

(this makes a kind sculpture). If you water near your area, to moisten sand or for anything else, be very careful to let it drip or spurt onto the hot wax, might explode.

Buy some wick material at a candle or hobby store, and insert this in your candle once a scum has formed top of the poured

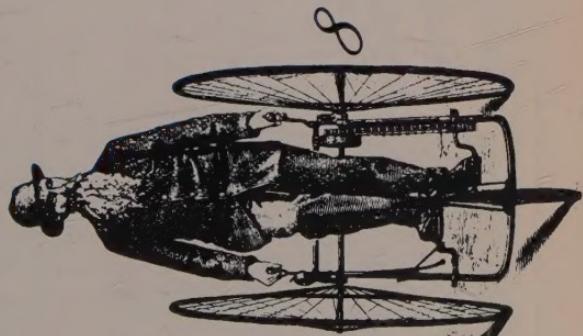
ick is stiff enough
e pushed all the
o the bottom of
candle. Allow to
n overnight or for
urs. After the wax
rdened, a depre-
will form at the
of your candle.
t some wax in the
can, (bring it to
ame temperature
ur first pour), and
r into the depre-
Allow to harden
When done, the
e can be removed
ts mold or sand
difficult tin molds
e placed in the
rator for a few
and this seems to
in removal)—and
A beautiful, inex-
e, candle!

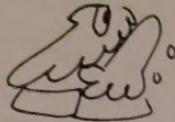
from your friends!
lots of balloons, band-aids, and help
zoo or to a nearby park. Be sure to have
Take a group of kids on a trip to the



Conduct a bicycle registration program by making personal
calls to the homes in your neighborhood. We did and
reached over 10,000 households. Now when bicycles are
lost, there is a way of identifying them.

—Camp Fire Girls, Dallas, Texas





let go



be unpredictable



surprise yourself



this was a test, had it been an actual alert you would have been notified by the proper authorities which emotion to turn to . . .



we now return you to your rut . . .

Try to write a short paragraph using all the crazy words listed below. You'll need to add your own verbs and prepositions, but try to limit yourself to these nouns and adjectives:

IMAGINATIVE

CALORIE

GUSTO

SAFARI

COFFEE POT

METICULOUS

ZOOMING

PEACHY

PUDDING

FLIP

PLASTIC

SCARY

STONY

CHIMNEY

FOSSIL

CREDENCE

FINGERPRINT

BANANAS

TENNIS RACQUET

RHINESTONE



Photo courtesy of Future Farmers of America

10

START WITH 1200 CHICKS!

Born with an open-end spine, Randy Gillespie's life-long ambition has been to overcome his handicap and be normal. And he has set his sights very high! In his freshman year in high school, Randy began his project by growing 1200 chicks into mature laying hens using one of his father's poultry houses. During his second and third years he expanded to 6000 hens and then to 20,000 hens and 175,000 replacement pullets. Now his flock is a part of a family-owned commercial layer business in which Randy owns 40 percent! Some of his "Sure Fresh" eggs travel as far as New York City to find a market.

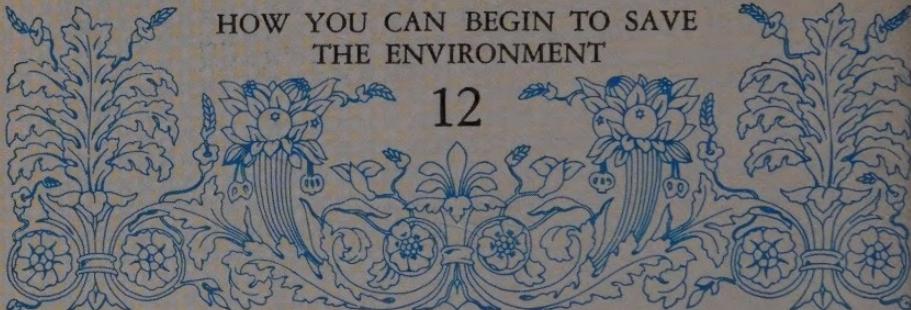
—Speake High School Chapter
Future Farmers of America,
Moulton, Alabama

Thought-provoking personalities have very busy schedules and are not always available to come to speak to your group.

But they are interested in talking to young people. Have you ever thought of prearranging with your local telephone company to place a conference call to a state or national governmental figure, church leader, or other popular personality with whom your group would like to speak? Tell of your interests and concerns as a group and ask about his or her interests and priorities. You need to check with the person ahead of time to clear the call and with the telephone company to have them hook up a telephone amplifier.

—L. E. Sivers, Montreal, Canada





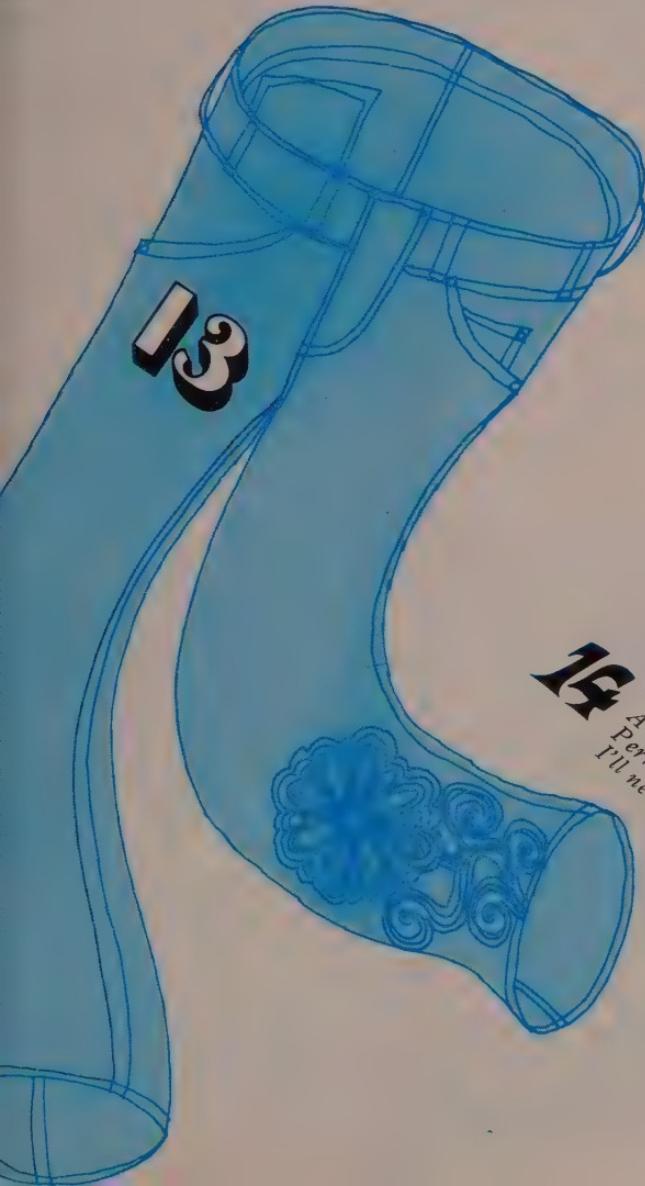
HOW YOU CAN BEGIN TO SAVE THE ENVIRONMENT

12

- Use products found in reusable containers, such as TV dinner trays, returnable bottles, and aluminum cans.
- Reuse plastic and foil wrapping materials and containers.
- Cut down on use of paper products such as towels, napkins, cups, cleansing tissues, toilet paper. Use white products because dyes are poisonous.
- Use shopping bags instead of paper sacks for carrying groceries and other purchases.
- Save newspapers and corrugated boxes for recycling.
- Donate usable clothing, furniture and appliances that are no longer needed to charity instead of throwing them away.
- Walk or ride a bike. Travel in car pools and use public transportation.
- Encourage people to refuse to buy articles made from the skins of such endangered animals as tigers, leopards, cheetahs, seals, alligators.
- Avoid all burning of trash, leaves, tires and other refuse. Make sure your trash ends up in a sanitary landfill and leaves and cuttings in a compost pile, instead of in a dump where they will be burned.
- Garden with organic fertilizer.
- Encourage people to reduce the heat in their houses during nighttime hours and during the day if no one is at home.

Send for a more complete checklist called *What Young People Can Do To Save The Environment*, it costs 8¢, from Ecology Center, 2179 Allston Way, Berkeley, California 94704.

Would you believe—blue jeans are now a serious art form! Embroidered jeans, painted jeans, patched jeans, and the largest and smallest sized jeans all form a part of a unique exhibit at the Wesleyan University's Davidson Art Center in Middleton, Conn.



14 "I think that I shall never see
A billboard lovely as a tree
Perhaps, unless the billboards fall
I'll never see a tree at all."
—OGDEN NASH

VOLUNTEER AND GAIN AS MUCH AS YOU GIVE!

You want to volunteer some of your time to help others, but what can you do? If your local hospital or charitable agency has more volunteers than they know what to do with, use your imagination.

Where can your particular interests and skills best be used? What resources and agencies are operating in your own community—does your local juvenile court or correctional system have a volunteer program?

Check with your community or school nurse for services needed. How about your schools or your welfare department? Check with private service agencies in your community, too. The United Fund may be able to refer you to a program. Once you've seen the needs in your community you may find it's possible to begin your own volunteer program, working through church or club, or even on your own.

Why don't you and your friends start a Free Store?
 The idea involved here is that you don't have to pay anything (not one penny!) for what you get at the store. Many times we have things that are in good repair that we no longer use. This doesn't mean that someone else wouldn't use them. See if you can get your church or school to donate a room with shelves and a clothes rack or two. Then donate what you no longer use to your Free Store—clean and neat, please. If there's anything on the shelves or racks that you can use, feel free to take it. The only rule is not to take things you won't use or don't really need or want, just because they're "free." The whole idea is to break away from a materialistic, money-oriented approach to your needs.

FREE Store

15



17

Take time out from
a hectic
day.

Lie on your back and look up at the sky.
Drop everything and read a good book.

Make a pizza
or two loaves of bread.

Catch the first strawberries of the season
and make strawberry jam.

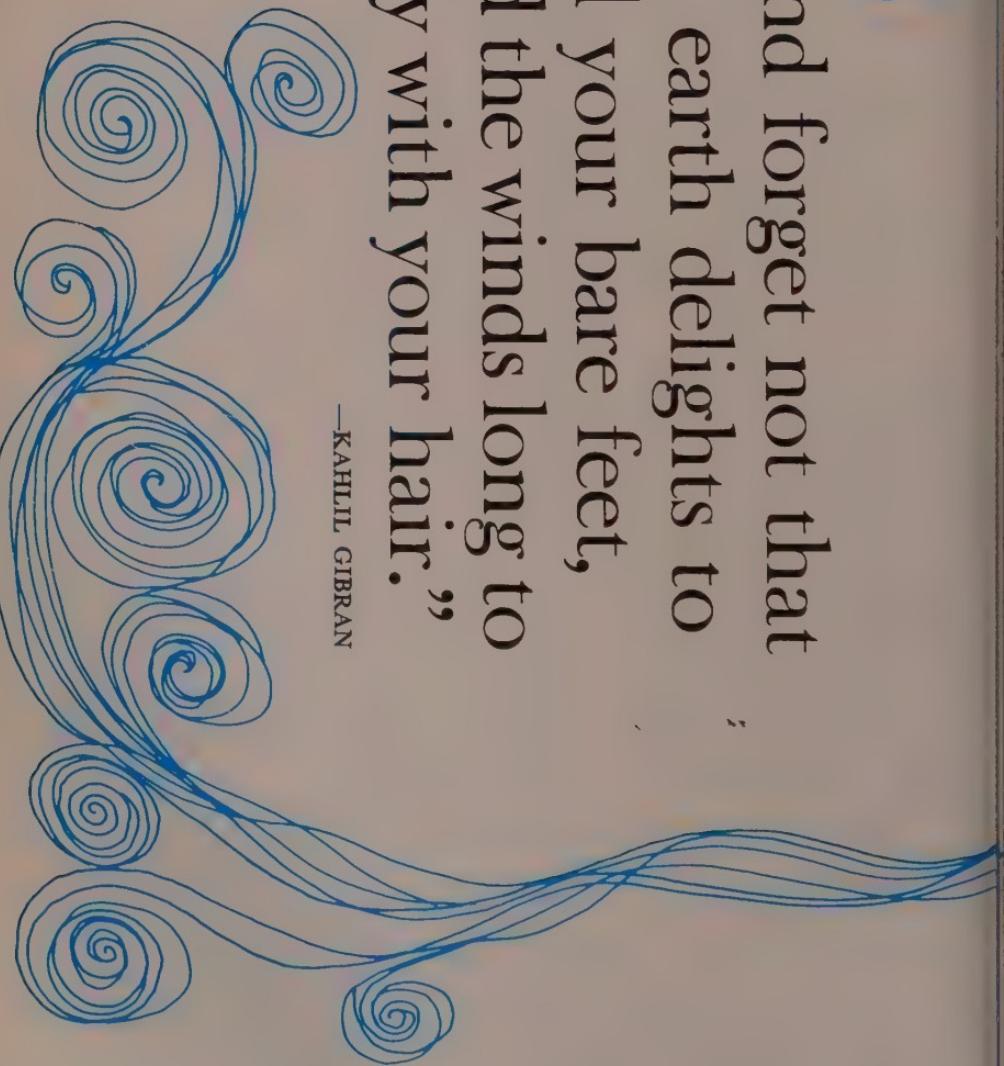
Surprise someone you love.



18

“And forget not that
the earth delights to
feel your bare feet,
and the winds long to
play with your hair.”

—KAHLIL GIBRAN



Early in 1972, Joan McIntyre initiated a campaign to stop the continued slaughtering of whales off the northern coasts. And this also means finding substitutes for all the products such as margarine, lipstick, pet food, and shoe polish, which are made from whales. "All these things could be easily and cheaply made from other sources," says Ms. McIntyre. Project Jonah is the name of her group, devoted to the protection of whales, dolphins, and porpoises. In the last year she has traveled to the Stockholm Conference on the Human Environment, to practically every authority on whales in Europe, and to the International Whaling Commission with her plea to save the whales. As a result of her efforts, both the U.S. and Canada have closed down their whaling industries. Project Jonah's current activity is a children's crusade asking young people to submit letters, poems, and hand-drawn pictures to Japan and Russia to request their help in protecting the whales. Letters may be sent to: Project Jonah, P.O. Box 476, Bolinas, Calif. 94924.

20



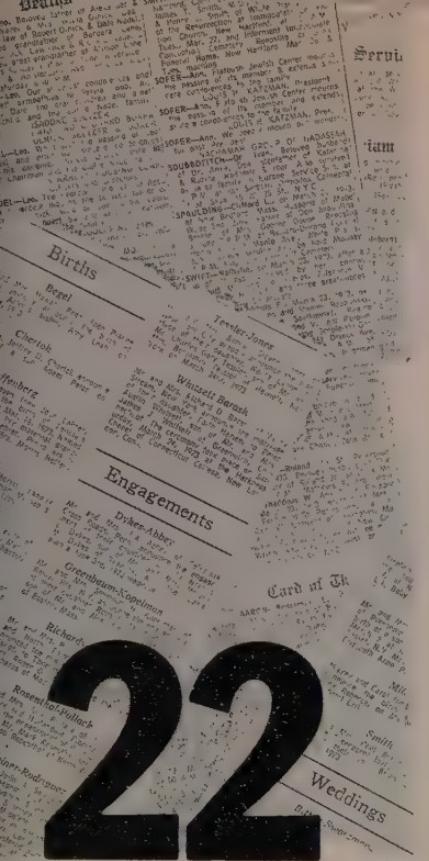
We girls were tired of not knowing how to take care of a car. With instructor Bill Fowne, a member of the town's fire department, we have been learning how to change tires, how to tell if spark plugs need replacing, how to tune up the motor. We were convinced that we could do minor car repairs ourselves and overcome the frustration of being taken by gas station attendants. The program has been so successful that we've added other classes in plumbing and house repairs.

—Girls Club, Bristol, Connecticut

21

Our youth fellowship decided to take a walk for UNICEF. Before our 16-mile jaunt, we went to members of the church and the community and sold our steps for pennies to dollars per mile. When we returned to the church that afternoon, we did a little calculating and found that we had earned \$175. It was fantastic when we found that this amount would provide smallpox vaccinations for 47,500 children or buy 11,400 school books. When the money was collected, many of the buyers of miles felt a greater obligation, and the amount collected was approximately \$550!

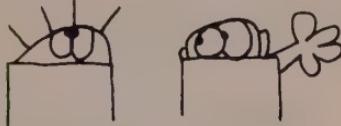
*Youth Fellowship
St. Peter's United Church of Christ,
Apple Creek, Ohio*



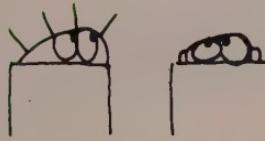
cause our group members found they had difficulty concentrating during prayer sessions, we decided to try to make our meetings more stimulating. We brought a daily newspaper and had a group of three people go through it, cutting items about which they felt we could be praying. Then each person took a lead line of each article, and the rest respond with an appropriate one-line prayer. If you do this, you'll find good news as well as—and don't overlook the births, deaths, and marriages section.

—Rev. G. D. Morton
Canadian Girls in Training
THE TORCH

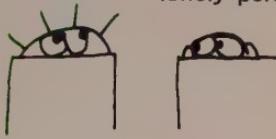
i have nothing how can anyone
to do . . .



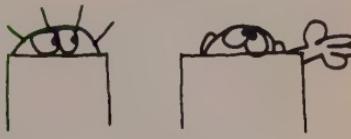
you could help
to clean up our
environment . . .



volunteer your
services to a
lonely person . . .



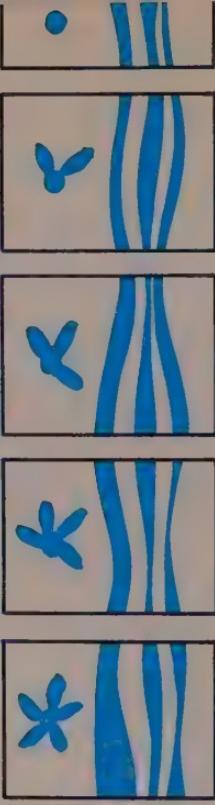
enrich your mind
with a book . . .



there's too
much to do



23 design your own films



Designing your own films at home can be challenging and hilarious. Sometimes you won't have any idea what you're going to get until you show it. Here's how:

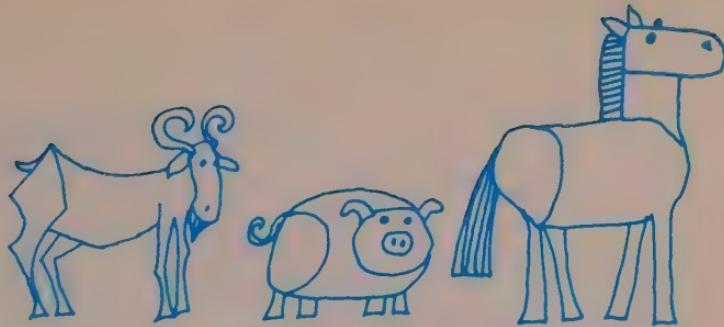
Take lengths of clear leader film (available at your camera store or directly from Kodak) and draw or paint designs, images, or whatever onto the frames. On 16mm film, the frame divisions occur directly opposite the sprockets and in the space between the sprockets. This area, forming a square, will project your design. Make drawings in sequence (just like a regular photographed filmstrip) or draw long continuous lines and designs (these are really interesting when screened). To make a drawing in the proper sequence, hold the film so its natural curl is toward you. Start at the top and work down. You can use acrylic paints and special marking pens designed for use on plastic surfaces to create your film-designs.

Test yourself, your family, friends on the meaning of words such as: **maybe, morality, communist, privacy, love, right, gross national product, hippie, women's lib, standards, sex/sexuality, standard of living, church/religion, charity, attitude, privileged, the good life, rules/law, peace, change, relevant, values, democracy, prejudice, good of society, responsibility.** Is there a pattern to the differences of interpretation? Does knowing that help in your understanding?

24

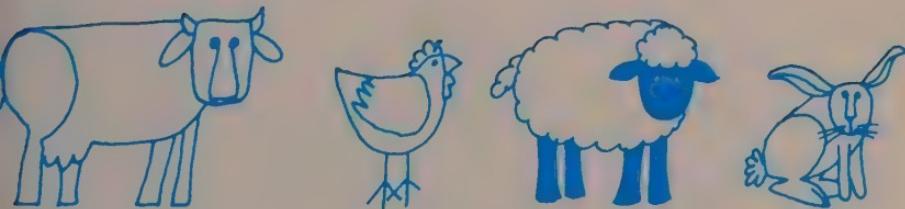
—FROM HORIZONS CLUB PLANNING KIT
CAMP FIRE GIRLS, INC.

25



We had a "Farm Animals on the Lawn Day" for the 700 residents and guests of the Ebenezer Society, an old folks' home in Minneapolis. For most of the people who formerly lived on farms, it was a chance to see, smell, and touch the horses, cows, pigs, and other animals which we brought.

—Chaska Chapter,
Future Farmers
of America



as a volunteer
you get paid
in satisfaction

and you don't
have to worry
about inflation



26

*PLANT
A FRAGRANCE GARDEN
FOR THE SIGHTLESS.*



2727

We brightened the children's ward of our local hospital with cartoon wall hangings, baskets of freshly scrubbed and redressed donated toys, and a table and chairs constructed from cable spools secured from the electric company (the tops were covered with vinyl and the bases with soft carpet donated from a local store). We also converted a large cardboard shipping carton into a playhouse, using construction paper and poster paints. On the day we donated these things to the children's ward, we helped clean, repaint and rearrange the children's playroom.

—Mu Tau Chapter
Phi Beta Lambda
Winter Haven, Florida



82

SYNAGOGUE

Once a year we hold a "Shul-In"—an overnight worship-study-celebration event that begins at 8 p.m. on a Friday evening and lasts until 8 a.m. on Saturday morning. Because the Shul-In starts with the beginning of our Sabbath (sundown on Friday evening in the Jewish religion), we begin with a worship service. Last year we arrived at eight for Friday evening services, and then at ten we formed into discussion groups to discuss our theme for the rest of the evening. We had chosen the Sabbath and its meaning to us as Jews for our topic. After 45 minutes of discussion, the Oneg Shabbat began. This was a celebration of the Sabbath with Israeli folk dancing, singing and a snack.

At midnight we had a kind of pantomime, called "Symbols Through Action." Our group broke into smaller groups, and each interpreted different Jewish symbols (i.e. a Kiddush cup—wine cup; a Menorah—seven-branched candlestick, etc.) by acting them out without words. We relaxed with another snack after our pantomime, then at 1:30 a.m. began more Israeli folk dancing! We really had fun doing Bible quotes—small groups were given a bag with different items in it (paper clip, sponge, shirt, sock, etc.) and then told that they must find the quote in the Bible to which the items refer. After naming the book and chapter, we acted it out, using the props from our bags!

SHUL-IN

At half past three in the morning we had a pie-eating contest! And then two hours of old Marx Brothers and W. C. Fields movies. (A few people were beginning to drop by the wayside—sleeping it off in sleeping bags in a room provided for snoozing.) At six a short hour began—time for meditation or any other quiet activities (more sleeping?). At seven we got the sleepyheads up, cleaned up after ourselves and had breakfast. Then, a full twelve hours after we had joined together, we formed a friendship circle and said (goodbye, peace be with you) was said.

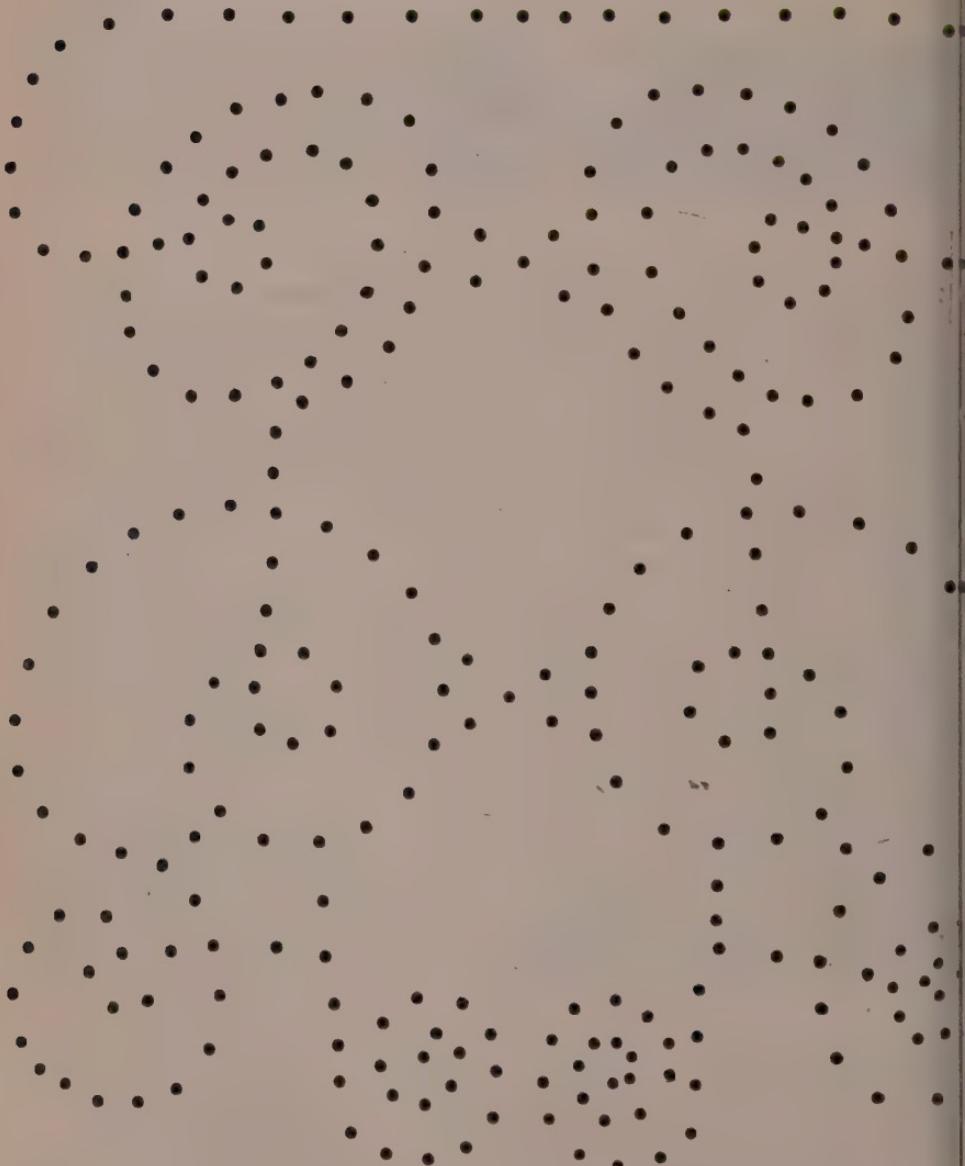
If you want to have your own overnight youth program, the most important aspect is the continuous,

flowing momentum of what you have planned. It's a good idea to work from study and worship to having a good time and doing "lighter" things. Have a theme to tie it all together, and plan to do more than you can actually do—it's always better to have to cut out things, than to have people bored or wandering around. You might include (as other Shul-Ins have done) a period for arts and crafts, making your own films and screening them, study of religious literature, dramatics, etc.

—Youth Group
Temple Emanuel
East Meadow, New York



Join the dots in any way you like to make an abstract or realistic drawing. Color in parts to add to the design, if you wish.



30 "We shall not cease from exploration

51

Often I am lonely and at times I tend to forget other people in my loneliness. But today I didn't and I've never felt so un-alone and happy. I was going to spend a day of shopping by myself at a large co-op. Then I remembered how often I had wished someone would invite me to go with them. I called a friend, who like myself was often alone and lonely, and I invited her to go with me. The sound of the words, "Yes, thank you," was something that I don't think I want to forget.

—Kristine Cottom, Chaska, Minnesota

Will be to arrive where we started

And the end of all our exploring

32 "Use it up, wear it out

Make it do, or do without.

quote submitted by
Jeanne Lischer
St. Louis, Missouri

REDISCOVERED CLOTHES

Don't look for something new to wear; try remaking your old clothes. Imagination is what counts.

First, decide what you are going to remake. Anything from coats, sweaters, dresses, slacks, jeans, hats and gloves are good candidates. And don't forget about shoes and belts, either! Study the item you've selected and try to imagine all its possibilities. Slacks can be slashed, slit and laced up the sides, embroidered, or turned into long skirts. Sweaters can be appliqued, cut down into halters. Shoes and belts can be recolored, covered with all kinds of designs, studded with nail heads and otherwise trimmed. Dresses can be cut down into tops or remade into other dresses. Don't be afraid to sew patches or embroider or paint on old clothes—the effect can be fantastic. Or do decoupage on your sandals, clogs or old handbags. The possibilities are endless—limited only by your imagination. If you're interested in finding out more about how to remodel your old clothes, a good book is *Clothing* by Mrs. P. J. Johnson, published by the American Thread Company.



34 MAKE YOUR OWN BREAD THE NAVAJO WAY!

RECIPE FOR NAVAJO FRYBREAD

2 cups flour
2 tsp. baking powder
1/2 tsp. salt

Add warm water until it forms a dough. Knead it a lot until it is soft. Roll it out to about 1 1/2-inch thickness, cut it into wedges (like a pie), gently spread each wedge with your fingers—until it's about 4 1/2-inches in diameter, and fry it on both sides in 1-inch of hot oil, until it's golden brown. Eat it immediately!

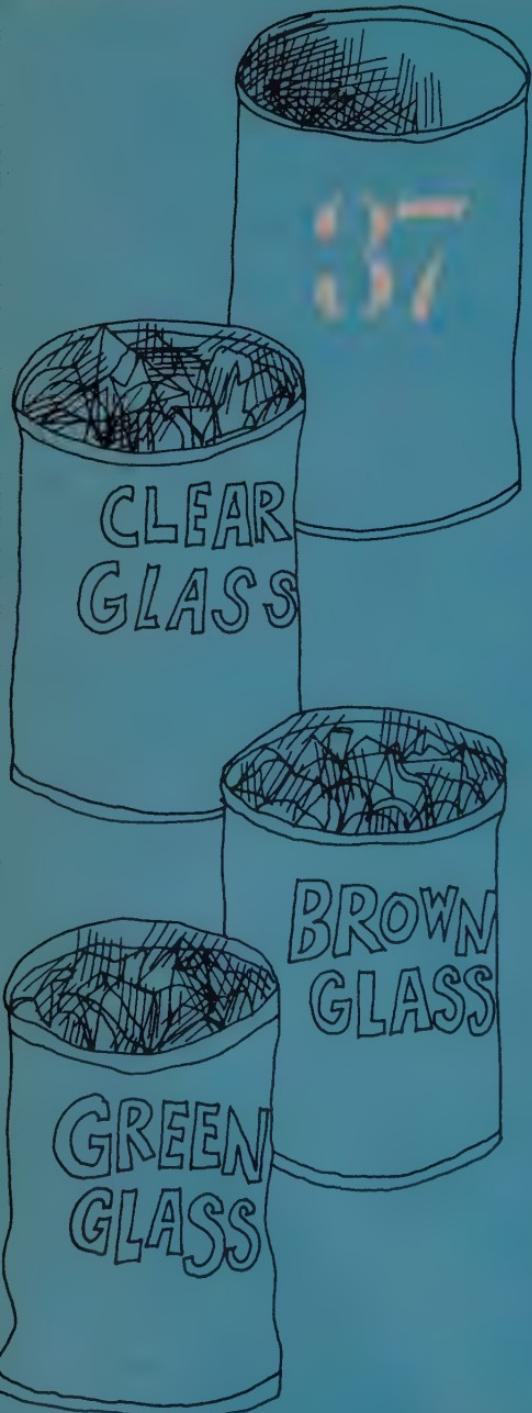


35

We are working with the Red Cross in our community on a special program called FIND. This is a service which undertakes to locate senior citizens who are eligible for food assistance programs in the form of stamps or commodities. Once we locate the elderly people who are eligible, we try to see that they get the benefits due them.

—*Girls Club
Chattanooga, Tennessee*

The way you spend your money reveals what your values are. It's hard to resist the slick Madison Avenue mystique, but it's important to remember that every time you spend your money, you are exercising tremendous power and a basic right. In being free to choose these things you will buy, you are also given the responsibility of supporting certain life styles and value systems. It doesn't make much sense to join a march for racial equality while you still buy products manufactured by a company which fails to practice equal opportunity employment for its workers. Before you spend your money, try to see through the appeal or "pitch." Decide whether or not what you think you want really coincides with your value system. Was it handmade or manufactured? Was someone ripped off so that a dealer could get a big markup before you own it? Does the manufacturer take precautions to prevent pollution? Is it packaged with a minimum of waste packaging or are you paying for a lot of plastic, foil and paper you'll just throw away? Is it well made? Does it use organic materials whenever possible? Is it dangerous in any way? Do you really need it, or are you succumbing to the temptation to acquire more things?



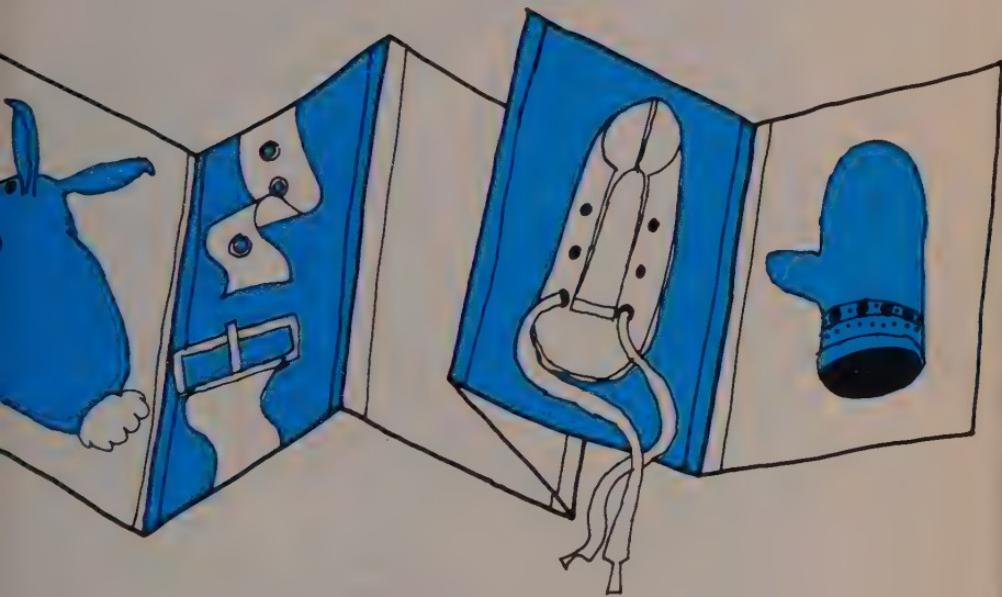
START A NEIGHBORHOOD RECYCLING CENTER

If you're interested in doing something about the environment, why not organize a neighborhood recycling center? It takes time, work and persistence, but the work involved is well worth it. First you'll need a place—how about a parking lot area donated by a bank, supermarket or other business concern? Then you'll need bins (you can find out where to get these when you contract for collection trucks). Make signs big enough to show people where to dump their sorted recyclables, and request that what is brought be clean, label-free or whatever. Then publicize your efforts with flyers or by working with community organizations who might have done recycling too (the Girl Scouts, Women's Clubs, Rotary Clubs, etc.). Two good resources that give lots of pointers about setting up recycling centers are: **The Mother Earth News**, No. 16, 1899 Hubbard Road, North Madison, Ohio 44057 \$2.00; and **How to start a neighborhood recycling center**, from Ecology Center, 2179 Allston Way, Berkeley, California 94704, 25¢. By the way, once you've gotten off the ground, you'll probably find that your center is self-supporting and a good source of extra income.

88

We wanted to contribute something to the California State Preschool Nursery. So, we spent three months making a "Junior Scholar's Scrapbook"—with "shoes" to lace, a mitten to put on a hand, a belt to buckle, a tail to snap on a bunny, etc. It was educational and fun too.

—Future Homemakers of America
Nova High School,
Redding, California



89

Mission Art Collective in San Francisco is a youth-owned and operated art for young artists, offering workshops in photography, textiles, woodworking, and ceramics. The collective is mainly directed toward help and community service. Stafford Matthews, the 21-year-old actor writes, "Art exists as a tool that one can use to shape a sense of self and dignity from his/her experience. And it is this very quality of the their basic utility to sort out and develop one's own ideas, that makes accessibility an urgent and valuable service to the youth of community."

Plant a Tree

keep us alive by
trees producing oxygen
for us to
breathe.



Sandy Baker '73

Make Our World Greener

Trees.

trees shade us
from direct
sunlight.



Fallen leaves
keep
the
soil
moist
and
provide
rich
fertilizer
for
plants.



Trees lessen house pollution.

on
the
trees

microscopic
bits
of soil
microbes
hold
together.
too





PUPPETS AGAINST POLLUTION

To show our concern for our environment, we have formed a science club through which we are constantly educating ourselves and others about the issues related to soil conservation, air pollution, waste recycling, pesticides, etc. Our club also includes a puppet company which stages puppet shows for children at local shopping centers and which tells stories from the National Wildlife Federation's *Ranger Rick* magazine. To support our cause financially, several artists in our group have produced handcrafted ceramic medallions depicting the earth, sky, seas and other ecological symbols which they sell at a local clothing store.

—Science Club,
Bismarck High School,
Bismarck, North Dakota

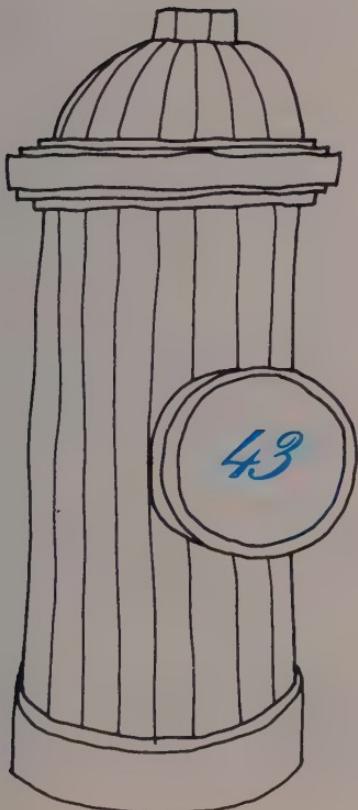


4 2

What began as a dull job turned into a worthwhile and exciting project for our small English class of 15 students. The assignment was to write poetry. We began unenthused; then gradually we started to enjoy it as each person found the type of poetry he or she liked to write.

Then someone had the idea to pick the best poems and publish them in a magazine which we would sell to help the handicapped. Our teacher approved, we elected co-editors, the class artist was recruited to illustrate the volume, and the others prepared the 90 final copies of the 25-page anthology. A large variety of poetry was included: haiku, original language, free verse, rhymed and narrative poetry.

—Tami Goodrich, Flagler, Colorado



The Franklin Place Unit of the Milwaukee Boys Club carried out several urban ecology projects, including distribution of "Super Duper Pooper Scoopers" to combat animal wastes.

45

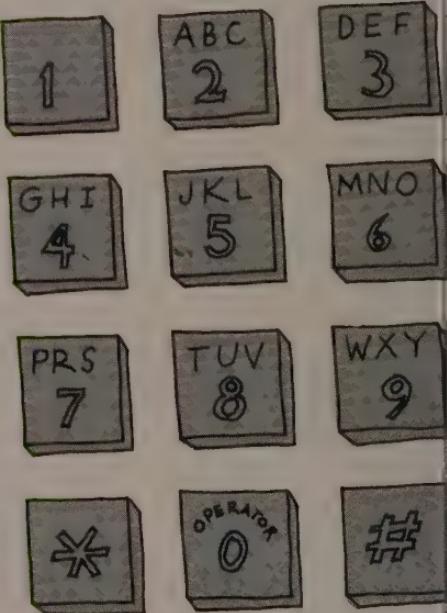
8888981

The touch-tone telephone has given the pushbutton generation another way to sing "Happy Birthday." You simply call a friend and tap out the buttons, 4424#8, 112198, and your friend hears "Happy Birthday to you." Caution: Tunes should be played only when there is someone on the other end of your line, otherwise you will be dialing long distance—perhaps Nome, Alaska—and you will be charged for the call. (Pressing buttons on your touch-tone phone does not disconnect you from the person you are talking to.) So call them first and then tap out your song. For melodies you haven't figured out yet yourself, check The Pushbutton Telephone Songbook (Price/Stern/Sloan Publishers, Inc., \$1.00).



"I do not recognize any enemy which is human, for no human being can be my enemy. Whoever he is, whatever color he is, however mistaken he may be in what he believes, he is my friend, not my enemy, for he is no different from myself. My quarrel is not with him, but with that in him which I seek to destroy in myself first."

—William Saroyan in "The Human Comedy"



46 grow your own gifts



Fresh flowers make a beautiful gift anytime of the year—particularly if they have been home-grown, picked and arranged by you. But if you really want to stretch your growing efforts, buy a packet of strawflower seeds at a nursery or garden center. Plant them as directed. Then while they're growing up, go to your library and get a book which tells you how to dry them after you've picked them. Just one packet can grow hundreds of flowers—enough for gifts for lots of people!

—SEED OF IDEA FROM LAUREN BEALE, GROSSE ILE, MICHIGAN



Our class is very close, and many of us do things together. As our class "prank" we decided to do something useful instead of destructive. So we all got together and painted an elderly lady's home (it hadn't been painted in 17 years). The school thought it was such a good idea that they donated the paint, and we brought ladders and made fried chicken and salad. We really had a good old time. But the great thing is that it wasn't just a few doing it, it was practically all of 200 students! Students are not all bad!

—Gretchen Krueger, Marysville, Ohio



Volunteer a year of your life!

Inside or outside the U.S. and North America there are hundreds of opportunities for investing one, two, or three years of your life. Some of the projects are for high school students (short term) and others for people 18 years and older (long term). Many of the programs require special training (something you may want to prepare for through specialized courses) and others provide training (perhaps an alternative form of education for those of you interested in expanding your experiences but not necessarily at a college or university). For more information and a complete listing of projects and agencies write: The Commission on Voluntary Service and Action, 475 Riverside Drive, Room 665, New York, New York 10027.



48

"I don't think it's possible to do your own thing when the rest of humanity is hungry, all shot up and bleeding. No matter how hard you try not to, you still are involved."

—JOAN BAEZ

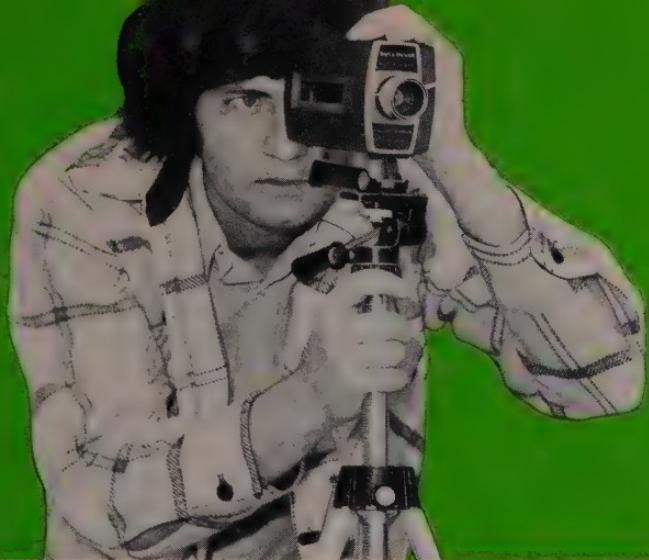
Interview your parents or relatives!

Some teens know very little about the background of people with whom they are very close. So, find out about them by interviewing your relatives as a reporter would, with or without a cassette tape recorder. Questions you might ask are:

- Where did you grow up?
- What are your favorite memories about growing up?
- What was school like for you?
- Why did you decide to do the kind of thing you are doing today?
- How did you spend your vacations?
- What would you change about your past if you could?
- Who were your heroes?

50

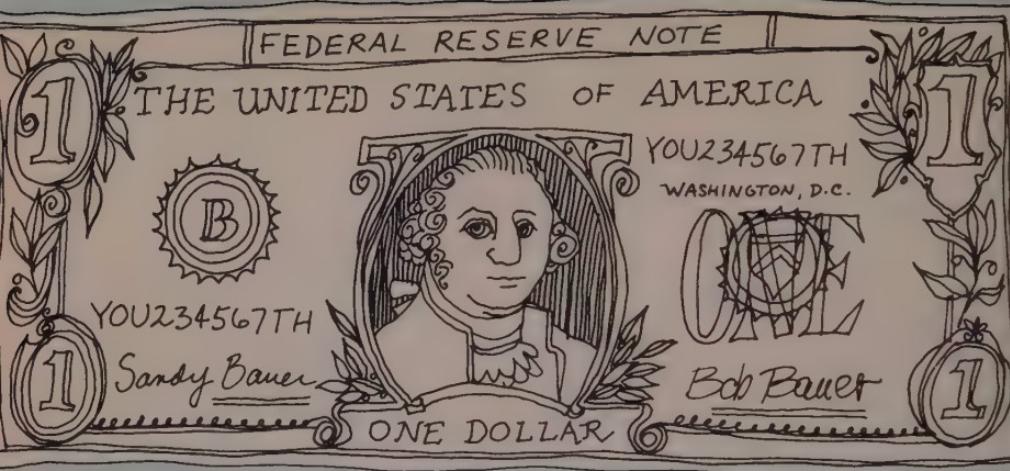
Befriend a prisoner, young or old, male or female, in jail or afterwards in the community. For more information contact your local corrections department.



Fred Judkins, 19, of El Centro, California, has been making films since he was a high school freshman ("when I finally got old enough to start earning money and bought my own equipment"). Now a sophomore at Biola College, a private liberal arts Bible school, Fred acknowledges that religion is "the subject I've covered more recently in earnest in my films." In fact, one of his celluloid endeavors, "Wake Up," recently won a \$50 third prize in the Kodak Teenage Movie Awards. The four-minute prize-winner concerns the plight of a wounded man begging for help at the steps of a church, in which the occupants are asleep. At last, one girl does wake up and walks from within the church to a ledge overlooking the steps where the man has collapsed. "I'll pray for you," she says, and, turning away, leaves the injured man to die. "Faith

without works is dead," says the film's closing title.

Even though his film was short, Fred had to plan quite carefully before he began shooting. Having read in a Kodak Teenage Movie Awards brochure about the one-reeler movies format, he knew all editing must be done in the camera as the movie is filmed (rather than cutting and splicing). Fred wrote his film in script form first, scouted around for a good location for shooting, recruited actors and actresses, and figured all the camera angles ahead of time. "I would tell the actors what I wanted them to do. Then we'd film a little part of it. We'd go up on the roof of the church to take footage from one viewpoint, and then go back down and film something from the street. We just kept doing that, back and forth, until the film was complete."



53

Have a money and me meeting. Discuss: What things are really important to me? Am I extravagant? Am I miserly? If I fall in between, why? How can I make my money serve my needs now? What tax benefits does my family receive? How does that influence our basic money concepts? Can I understand the motivations of those who don't have enough money for basic essentials of life? Does their or my reaction change if they are very young, old, or don't speak English? Do reactions change when we are unskilled, live in another part of town, are not citizens? Will my values change when I must earn all my own money, become engaged, married? If I decide upon a career exclusive of marriage? What about five, ten, twenty-five years from now? Are some values in regard to money changing now? What does this have to do with me? If money is like a ladder, with everyone trying to step up another rung, what is the effect of this constant drive to climb up? Do I like my answers to these questions?

—Idea from Horizon Club Planning Kit
Camp Fire Girls, Inc.



i love
little kids



they're so
crazy



all of a sudden
they yell, sing
and run . . .



for no reason
at all



let out the
little kid
in you . . .



Contact a group of parents with preschoolers and offer to teach their kids once a week how to make Christmas presents for the person of their choice. You'll need to supply materials, ideas on how to make special gifts, plus scheduling several weeks to work with the children.

THAT'S THE IDEA!

With frolicking fascination and imagination
and with human sensitivity,
Luz Ann Nicodemus, 16, of Plymouth, Wisconsin,
Sent a whole list of ways to have fun
and to be helpful to others.

Ways to HAVE Fun



Mrs. Mel Sandburg

55 Tie weird things in your hair and dress any way you want, just be sure its YOU and don't be afraid of what people will say or think. Paint your face (or body) wherever and however you want.

56 Pass out warm fuzzies and tell the story to whoever doesn't know it.

57 Buy a gift and give it to someone anonymously.

58 Run, jump, leap, skip, laugh, and spread joy. Cheer up sad faces with a smile, a joke or just act silly for them with a friend. Play tag; hide and seek; duck, duck, goose; statue; pretend you're pirates or any other favorite kid's games.

59 Snap pictures of people you see in the streets (with or without film in camera).

60 Give a come-as-you-are party at an odd hour of the day.

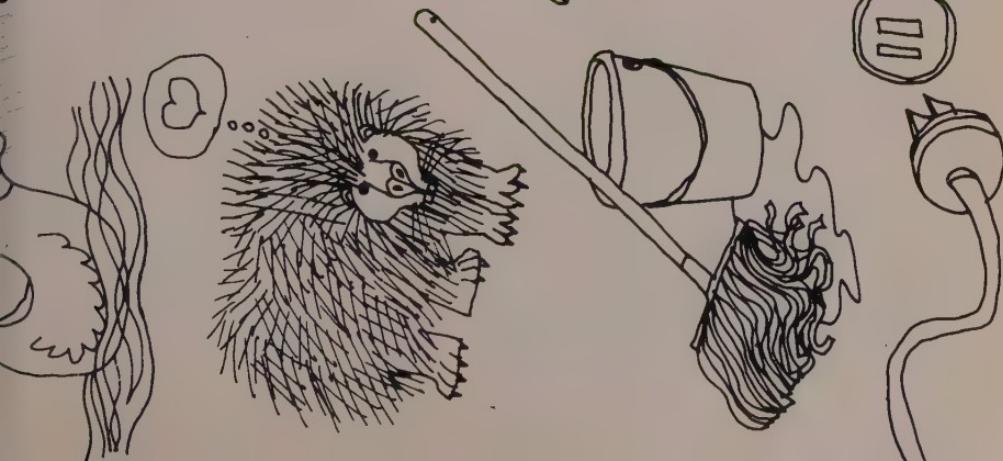
61 Paint your favorite design on ping-pong balls and play a few games (if you



- 63 Hunt for pretty stones on a beach, and use the flat ones to skip across the water.
- 64 Whistle grass between your fingers.
- 65 Take your rubber ducky in the tub or to the beach.
- 66 Get an ugly animal from the Humane Society and give it all the love you have.

WAYS TO HELP OTHERS

- 67 Get together with your friends and pray for others in the world, either a specific person or a general group. It goes a long way and is rewarding for both the subject and you.
- 68 Pay a visit to the hospital and cheer up anyone and everyone with talks, "listens," music or a worship service.
- 69 Arrange to go to a disaster area or a place in need of help with a group of friends and roll up your sleeves with a grin (or at least gritted teeth).
- 70 Get a church group organized (either just your own or include ones from the surrounding area) and plan a trip somewhere that can be a work safari. Write around and ask your minister for help in finding a place to go.
- 71 Start facing the energy crisis now: Cut down on the amount of electricity you use; give up unnecessary appliances and limit your use of others (including TV and stereo); don't use so much gasoline—walk or ride a bike whenever possible; urge others to do the same.





72

get-youth-a-job service

Money is nice to have. But jobs are getting harder to find, particularly for students who have to work around a school schedule—nights, weekends, summer. So the time may be ripe to organize a youth employment service, preferably with the sponsorship of your school, your church, or a local civic club.

First, find out who wants to work, list their skills, when they're available and where to contact them. Some things you might list are babysitting, house cleaning, gardening, clerking, typing and filing, camp counselor, or more innovative things like a birthday-cake-baking service, or hairstyling for long-hairs (check to see if you need a license to do this in your state—write to the Department of Licenses in your state capital). To gather the names and numbers of people who would be interested in signing on for work, you could conduct a personal survey, run a question-

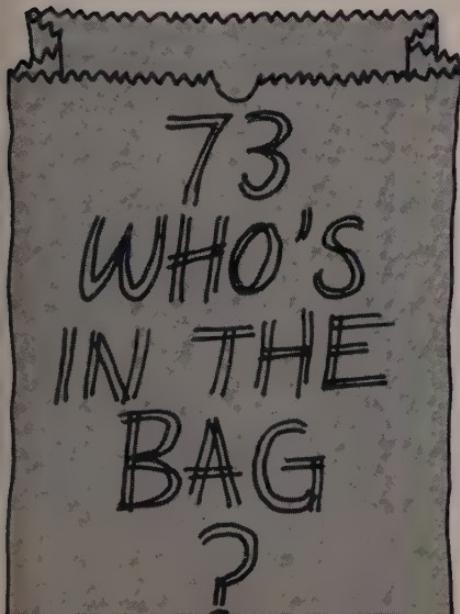
nnaire in your school paper, or put sign-up sheets on a well-used bulletin board.

Next, line up jobs in the community. Talk to local employment agencies—they may give you a few good pointers. Make announcements on your local radio or TV station. Run a short ad in your local newspaper (or better yet, see if you can get them to cover your employment service as a feature item). Don't forget community bulletin boards, church or club newsletters, and word-of-mouth!

Once you've gotten underway, you'll begin to see how much effort your particular project will involve. If the bookkeeping and "promotion" is more than one person can handle (and it probably will be), why not do these jobs on a rotating basis? It's good experience, and you'll be developing another skill you might be able to use in one of those jobs!

A group activity that helps develop identity uses paper bags, a pile of magazines, scissors and glue. Each person takes a small paper bag, then using scissors and glue, searches through the magazines for pictures and words or phrases. On the outside of the bag, he pastes those things which he thinks illustrate how other people see him or how he would like others to see him. On the inside of the bag, he pastes things that reveal how he really feels within himself. When done, he trades bags with someone he doesn't know very well and tells what that person's bag means.

—*Doug Harle,
from WRAP RAP*



One problem we've discovered in working with senior citizens is the special clothing needs of the elderly. Since the majority of senior citizens have limited budgets and fashion designers and pattern companies neglect the matronly figure, older persons have difficulty getting clothes that fit. So as an extension of our sewing class, we altered store-bought clothes to fit the aging figure, and had fun teaching altering techniques to the elderly so that they could solve fitting problems on their own. We have also used many individual ways of providing recreation and meeting the social needs of our senior citizens.

—*EVA GORDON CHAPTER
FUTURE HOMEMAKERS OF AMERICA
MAGNOLIA, MISSISSIPPI*



75

Day by day,
Dear Lord, of thee three things I pray:
To see thee more clearly,
Love thee more dearly,
Follow thee more nearly,
Day by day. Amen.

ST. RICHARD OF CHICHESTER, 1197-1253



76

We conducted a trashathon in which everything from dead animals to junk metal and all kinds of waste paper was combed out of the countryside. In just four hours we collected 3,308 pounds of garbage, which we weighed and then carted off to the local landfill. Sponsors in the community had promised to pay us per pound of trash collected, and a total of \$1,431 was earned. We are donating this amount to a fund for children.

—Junior High Youth
Fellowship
St. Paul United Church
of Christ
Chelsea, Michigan

THOUGHT BOOK

The next time you find a poem or a quotation you like, or if a friend (or you) writes something worth saving, copy it down. A spiral notebook is perfect—I've filled up two within the last year. Put down anything—even photos or clippings—and keep them forever. It's perfect to read on a rainy day. You can remember special things and share them with special friends.

—Pat Coolman, Wadsworth, Ohio

78

Make up some "services" coupons, and give them to someone who might appreciate the things you could do. These should be for things you normally could get paid for . . . "This coupon entitles the bearer to one free . . . night of babysitting, lawn mowing, snow-shoveling in the driveway, etc." The list is endless. The recipient can "cash" them in whenever he needs or wants what you're going to provide.

PROJECT PATIO

To help keep America beautiful, we decided to begin in our own backyard by sprucing up the dowdy school patio. We called on the cooperation of Future Farmers of America, the art department, the journalism department and the student council to construct modern, durable picnic tables and paint some funky trash cans.

FFA members welded pipes and prepared boards for the tables. We assisted with the staining and the final picnic table assembly. Designs and stencils for the trash cans were developed by the art department, while the student council helped buy the materials. The journalism department was recruited to take photos and write articles for the school newspaper. All in all an attractive area for more than 1200 students was created, and a fantastic unity among the five school groups that participated was developed.

—Nova High School Chapter,

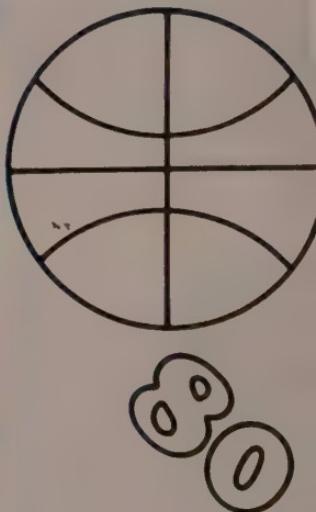
Future Homemakers of America,

Redding, California

Courtesy of *Teen Times*

We set what we believe is the world record for the longest basketball game. This feat was our share of a fund-raising effort for the school's scholarship fund. Twenty-two players participated (all boys) in the 144-hour ordeal, alternating six hours on the court with six hours of sleep on cots or in sleeping bags. Three hundred sponsors had pledged \$1 for each hour an individual played, so the marathon raised over \$2000 for our fund!

—STAMFORD CATHOLIC HIGH SCHOOL
STAMFORD, CONNECTICUT





WEATHER INFLATED OR DEFLATED

You may have had fun with helium-filled balloons—at the zoo or the circus or even during a worship service. But have you ever considered the expanded possibilities of a weather balloon? They can be purchased quite inexpensively at your Army-Navy surplus store—and behold the potential:

- Show a film or slides, using the inflated balloon as your "screen." The distortion creates a hilarious effect.
- Paint the balloon with magic markers or acrylic paints as a group activity, fill with helium and fly high above your meeting place or booth at a fair or convention. It makes for a well-rounded message!
- Fill your balloon with AIR and play a game of Super Volleyball.

Since the balloons bounce so easily, you can sail them as high as 40 feet in the air!

- As part of a science project—or just for a new type of "decoration" at a party—darken a room, then project a slide of the moon or a space-photo of the earth on the balloon's surface. It looks almost like the real thing!
- Deflate your balloon and form a circle (with your friends) around its circumference. Everyone grabs a part of the edge of the balloon, and begins to work together to lift it—something like you would raise a blanket in a blanket toss (only don't place anything in the center of the balloon). Eventually, the air beneath will create a floating dome under which you can jump and dance while it gently descends.

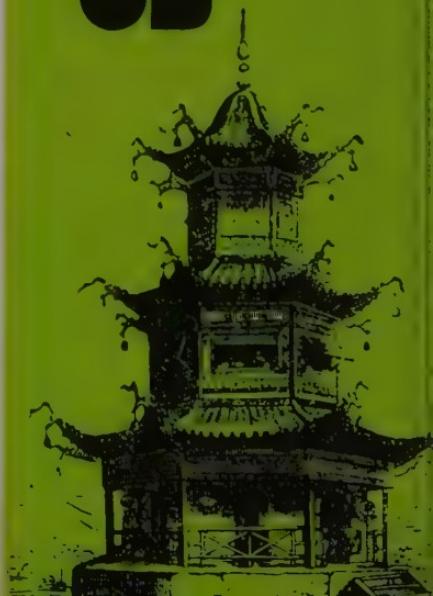
How about setting up a "Service Central" phone location, either in your church or in your home, where older people wanting help could telephone in and request assistance? You could mimeograph a pamphlet explaining the service and indicate the types of services available.

These could be as follows:

- Accompanying an older person on a shopping trip, to carry parcels or lend an arm.
- Doing the shopping for shut-ins.
- Shoveling snow from walks or driveways, or (in summer) cutting grass.
- Washing windows, painting, putting on or removing storm windows.
- Getting the mail, or mailing letters.
- Getting books from the library, or returning the same.
- Reading to people who are partially sighted or totally blind.
- Helping on holidays and other times to deliver Meals on Wheels.

UNITED CHURCH OF CANADA
TORONTO, ONTARIO

How do a synagogue, a cathedral, a meeting house, and a church differ? Why not go to a different place of worship? Attend services, tour the building, meet the clergy and members of the congregation. Arrange an ecumenical visit for you or your group. Collect literature. Compare philosophies and outlooks. Find out the similarities, the differences. Learn as much from each religion as you can.





Timothy Evans, courtesy of Teen Times

Knowing how someone else feels inside himself is hard for each of us, but it is especially hard when that other person is blind, without an arm, or, in some other way, physically handicapped. To become more sensitive to another's situation, divide a group of people into "handicapped" pairs with one partner blindfolded and the other with his hands tied behind his back. The partners must then struggle with each other's handicap. The hand-tied member must help lead

the blindfolded member to a seat, while the blindfolded partner must describe by touch what his or her partner looks like. It may seem like a game, but do it long enough for each person to begin to feel the seriousness of the other's plight.

After the pairs "live" a handicap, discuss your own and society's attitudes and ways of dealing with the handicapped.

—Future Homemakers of America
Courtesy of **Teen Times**

do you have any idea on how to make the world a better place to live in . . .



learn to make yourself a better person to live in . . .



85 What can you learn at a VACANT LOT?

Most cities have many vacant lots. Invariably, they stick out like missing teeth in a block of otherwise good housing. People complain about the hazards and the ugliness, and most of the time nothing gets done. But vacant lots, liabilities though they may seem at first, can easily be converted into assets. There are several things you can do with them:

Learn from a vacant lot as if you were an archaeologist. How did the lot become vacant? Did it ever have a building on it? If it was never built upon, can you figure out why it was an undesirable lot for construction? What kinds of junk and debris have piled up? What can you learn from the junk and trash that have collected in the lot? Why has this material collected here? What could you reconstruct about the culture of the people who lived around the lot, based only on the things you find on the property? Can you find out who owns the property by going to City Hall and consulting the deed records?

Clean up a vacant lot as a service to your neighborhood. Call City Hall and find out how you can get help in cleaning up the lot. Start with the City Planning Commission or Board; next ask the Health Department. Can the city require the owner to clean up the lot, or will the city undertake the task itself? If worse comes to worst, find out if the city will cart away the debris if you and your friends agree to clean it up. Get a group of people together to help you.

Make a vacant lot into a useful space for your community. There are many governmental programs available to improve vacant lots throughout the city. Call City Hall and consult the City Planning Department or the Redevelopment Agency. Money is sometimes available to convert vacant

lots into new housing, playgrounds, parking lots, or parks. Find out if your city has such funds available. Even if there is no money through a governmental program, see if you can get the owner to dedicate the land for community use (even temporarily). Often you will be able to get people to donate materials to fix the lot up. Or you can employ ingenuity to convert inexpensive or unwanted materials into outdoor equipment. For example, old telephone company wire spools, telephone poles, and railroad ties make great playground equipment. Neighbors might contribute their time or money.

Use a vacant lot as an added amenity in your neighborhood—a sort of neighborhood commons. Play there, wash cars there, meet friends there, put up basketball hoops, grow vegetables, have block parties, plant trees and flowers, put up fences, provide benches, make a neighborhood bulletin board. However, obtain the permission of the owner before doing anything; otherwise, you will be trespassing.

If you should decide to do any or all of these things, you will have learned a great deal. Do not overlook the lesson; stop and think about what you've learned about how you can understand and change your environment. If you decide to do nothing about the vacant lots that bother you, you will also have learned an important lesson about why nothing happens to make our cities better places: It is often because people like yourself don't have the time or don't even care enough to make things happen.

*From Yellow Pages of Learning Resources,
edited by R. Wurman, Group for
Environmental Education, Inc., funded by
Educational Facilities Laboratories, Inc.
Available from MIT Press, \$1.95.*

86

MAIDEN'S MARKET

A year ago we discovered that even though our community is surrounded by fruit and vegetable ranches, there was still a shortage of low-priced fresh food for people in the low income areas of the community. So we decided to begin "Maiden's Market," a new consumer service for the Mexican-American community. Now in cooperation with the local ranchers, we pick, pack, and market fresh produce right to the doorstep of our customers' homes. The Agricultural Department of Ventura College has helped us in the development of recipes and nutritional tips which are also distributed with the produce. With the help of a foundation grant, we bought a van to help us in our door-to-door service.

—GIRLS CLUB, VENTURA, CALIFORNIA



Photo courtesy of Girls Clubs of America

87

I participated in a fast for the hungry. We fasted 30 hours together, discussing, viewing films, and using other forms of expression for understanding hunger, how serious a problem it is, and how we could help.

—Linda Stober, Lebanon, Pennsylvania



88

BEHIND-THE-SCREEN IMAGE

Don't prejudge people by their voice or by limited interaction. That's the lesson learned by members of the weekly Police Academy class in Salem, Oregon. Teenagers from the Salem YMCA sit behind a screen, talk in the normal voice and carry on an honest dialogue with the police trainees. After asking questions and listening to all the nuances and words of the unseen young conversationalists, the trainees fill out a Non-Visual Evaluation Form. On it they record their impressions of how panelists behind the screen will look, based only on the voice and the dialogue. They describe grooming, clothing, hair, attitude toward authority, overall evaluation of the person. Then the teen-age panelists emerge and carry on a face-to-face dialogue. "Accuracy rate for the evaluations is very low," says YMCA Youth Director Richard Simpson. He feels it teaches the officers to be wary of categorizing people and not to get hung up on their first impression. Thirty young people are involved each year in this Human Relations Training program for Police Academy trainees. The young people report that it helps them learn to be less self-conscious; to talk with greater ease with police, to "feel equal with authority"; to discover things about themselves and about police, and about human relations.

*-YMCA, Salem, Oregon
Courtesy of THE CIRCULATOR*

THINK OF ALL THE THINGS YOU CAN DO WITH A CARDBOARD BOX
(IN TWO MINUTES).

69



90

If you're getting tense, blowing your top over nothing, do something. Do five sit-ups. Mop a floor. Go in your room, shut the door and SCREAM!!! Yell and get it all out. Shine your shoes. Blow up balloons and paper bags and pop them. Wash out tin cans, remove the ends, and stomp on them—let each one represent each of your frustrations.

—IDEA FROM HORIZONS CLUB PLANNING KIT
CAMP FIRE GIRLS, INC.

Consciousness-raising: Did you ever try to drink water that was a muddy brown or an algae green? Try serving some (colored with food-coloring, of course). After people have tried to swallow it, proceed with your discussion on the importance of combating water pollution.



92



Our youth group held a Senior Citizens' Banquet in the basement of our church, and every church member over 60 and his or her spouse was invited. The theme used was the horse and buggy, with handmade invitations and place mats decorated with horses and buggies. The church was decorated with antiques and we used kerosene lamps for lighting. Our group prepared and served the meal, performed skits afterwards, and concluded the evening by sharing wedding and other family pictures of the guests.

—Russell E. Hardy, Troy, Missouri





I JUST RETURNED FROM A YOUTH TRAFFIC SAFETY CONFERENCE. DO YOU REALIZE FOUR TIMES MORE PEOPLE DIED ON OUR HIGHWAYS EACH YEAR THAN IN VIETNAM? YET NO ONE SEEMS TO CARE. THERE IS AT LEAST ONE DISABLING (STOP A MINUTE AND THINK WHAT DISABLING MEANS) ACCIDENT IN THE U.S. FOR EVERY BREATH YOU TAKE EVERYDAY.

—Scot Guenter, Smethport, Pennsylvania

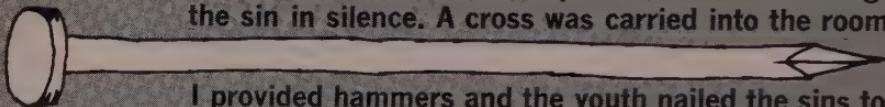
94

"The death of democracy is not likely to be an assassination from ambush. It will be a slow extinction from apathy, indifference, and undernourishment."

—ROBERT M. HUTCHINS

95

I wanted to enable youth to experience the forgiveness of sins. So I passed out a large nail to each student. Then I asked them to write on a three-by-five card the sin that was bothering them the most. Each student then folded the card several times and spent some time thinking about the sin in silence. A cross was carried into the room.



I provided hammers and the youth nailed the sins to the cross. Then we talked about another cross on which our sins were nailed some 2000 years ago. The classroom had a fireplace, so we burned the cross and our sins and talked about forgiveness.

—Gary Olson, Fargo, North Dakota
from WRAP RAP

96

“Adopt” a group of patients at a mental hospital. Take part in recreation programs or work with those who will soon return to the community.

SET UP IN YOUR COMMUNITY.
SHARE YOUR TALENTS IN THE EDUCATIONAL, CULTURAL OR RECREATIONAL PROGRAMS.
IF YOU DANCE, MIMIC, ENJOY TELLING STORIES, PLAY AN INSTRUMENT, PAINT, HAVE A MASTERS IN ANY CRAFT,

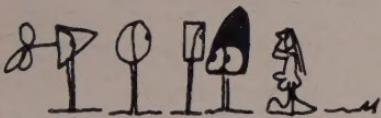
97

what can our
group do as
a project



collect old
newspapers . . .

invite some
impoverished
kids from the
suburbs to the
city . . .



investigate the
local
authorities . . .



have a pizza



it was a gut
reaction



Freebies—yours for the asking!

A free list of government publications (good for getting ideas). Write: Superintendent of Documents, U.S. Government Printing Office, P.O. Box 1821, Washington, D.C. 20013.

Free wallpaper books (make coasters, mat small prints or photos, make collages, cover books, canisters, trays, wastebaskets). Ask at your local wallpaper and paint store.

Free films (on many topics and for many ages). Call Modern Talking Pictures (outlets in most major cities).

Free car pollution test (check to see whether the pollution control valve on your car is working properly). Write: Automotive Division, Fram Corporation, Dept. G-1172, Providence, R.I. 02916 and for more information on car maintenance, write Car Care Council, a non-profit organization, c/o Mr. Arthur Nellen, 2130 Buhl Bldg., Detroit, Mich. 48226.

Free carpet samples: (glue together your own patchwork rug). Ask at your local carpet store.

Free posters (great for livening up a meeting room). Ask at your local travel agency, airline office, or tourist office.

Free upholstery samples (for making patchwork quilts, collages, wall-hangings, shirts and skirts). Ask at your local upholstery outlet or store.

QUIET TIME

One thing that I and my friends do is called "Quiet Time." This is how it is done:

- Block out 15-30 minutes of each day and don't let anything cheat you out of it. Go somewhere where you can be by yourself.
- Start by clearing your mind of everything.
- Choose some reading material to follow over several days. This can be from scripture, poetry, or a book you find meaningful.
- Keep your mind open and think about what the passage you're reading means to you—how it relates to your life.
- Underline passages that mean a lot to you. Sometimes memorize them. Jot down key ideas for better reference.
- Keep a list of questions or thoughts that come to you during "Quiet Time."
- Know what hang-ups might cause you problems during "Quiet Time" and take steps in advance to overcome these things.

—Pattie Ann Rankin, Cheyenne, Wyoming

An excellent resource for meditation is *Power*, a resource for reflection published quarterly by Christian Youth Publication, 4466 West Pine 15F, St. Louis, Missouri 63108. Yearly subscription \$2.20. Write to the above address for more information.

100

**"IN A DARK TIME,
THE EYE BEGINS TO SEE."**

—THEODORE ROETHKE

one hundred and one

"Idea" No. 101 is yours!

Now that you've seen the 100 ideas which others have shared with us, it's your turn to share an idea that has been meaningful or fun for you.

What "idea" has turned you on the most—a quotation or a concept, a group activity or program, a topic of discussion, a family event, a book or movie or record, a personal experience or accomplishment, a way of having fun, or a means of fighting injustice? Write it down. Whether your "idea" may seem big or small, if it is important to you, share it with others through YOUTH magazine.

Got the idea?

Use the blank space to write your idea (or attach a bigger sheet of paper). Send your idea (plus photos, if you want) to: IDEAS, c/o YOUTH magazine, Room 1203, 1505 Race Street, Philadelphia, Pa. 19102. If your "idea" is selected for publication, you'll receive appropriate payment.

